

Notes for teachers

National curriculum links

- History P levels 1–8 Pupils encounter activities and experiences, pupils explore objects, pupils ask and answer simple questions about objects.
- NC Levels 1–3 Pupils recognise the distinction between present and past, pupils handle objects and make simple observations, pupils answer questions about the past.

About this session

Location Clore Centre for Education

Format Students use looking, touching, listening and smelling to explore life as a Viking

Capacity 10 students

Duration 10.30–14.00 with lunch break and comfort breaks included as part of the day

Price Free

Note After lunch we recommend that you visit the Early Europe gallery (Room 41) with your students. The handling session in the morning will be led by a member of Museum staff and in the afternoon you will be responsible for guiding your students around the galleries yourself.

In detail

- The session begins with an introduction to the Vikings. The students then find out about Viking life using objects, photographs, sounds, smells and textures. Themes explored include gods and goddesses, travelling, trading, warriors and feasting.
- You are welcome to take photographs of your students and the objects throughout the workshop.
- We recommend that students wash their hands after the session.
- After lunch we recommend that you take your students to visit the Early Europe gallery (Room 41) on the upper floor of the Museum.

Before your visit

- Introduce/revise the key themes and vocabulary listed below.
- Locate modern Scandinavia on a globe and find out which other countries the Vikings lived in and where they travelled to in their ships.
- The students could listen to some Viking myths.
- Look for Viking objects in [Teaching History in 100 Objects](#)
- The students could try some of the foods which the Vikings ate such as honey, eggs, apples and porridge. We are unable to provide materials for students to taste at the Museum but you are welcome to bring appropriate foods, such as apple slices or honey, to the Museum for the students to taste under your direction during the session.
- Use the Look inside and What will happen? [whiteboard presentations](#) to get ready for your visit.

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After your visit

- Back at school the students can record information about Viking life using photos, drawings, words and objects.
- Create your own Viking feast.
- Set up a Viking market and invite other classes to visit.
- Viking objects can be accessed through [Teaching History in 100 Objects](#)
- Find out about Viking ships. Imagine what it would have been like to sail across the sea to Britain in a Viking ship.

Find out more

- More SEN [resources and sessions](#)
- Related galleries: 41
- Take a look at the galleries with [Google Street View](#)
- Search the [collection online](#)

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Visit notes for students and adult helpers

You can print this summary sheet and take it with you during your visit.

Learning objectives

- To discover who the Vikings were
- To find out about life as a Viking

Key words

- Vikings
- God
- goddess
- travelling
- horse
- ship
- trading
- money
- jewellery
- warriors
- weapons
- farmer
- food
- drink

Who were the Vikings (led by Museum staff)

- The students are introduced to the Vikings.

Life as a Viking (led by Museum staff)

- The students use objects, photographs, sounds, smells and textures to explore Viking life.

Visiting the galleries (led by teacher)

- The students may visit the Early Europe gallery (Room 41) to look at objects from Viking Scandinavia and Viking Britain.

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